



CHALLENGES

GREENDEX



Erasmus+

Vegetarian Dinner

**Opt for vegetarian dinners from
time to time!**



Coffee-free Project

Give up on coffee during the project and find a way to keep the participants vigilant!



Before the Sunset

**Adapt the program the way
that there are no more
activities after dinner.**



Zero Waste Days

Choose some of the days to be the one(s) without producing any waste!



Ice Bucket Challenge

**Give up on daily hot shower for
some days!**



Smart(phone) Break

Leave all your devices (yes, including the smartphone) in your room during the project

n!



Event for Locals

**Prepare an event for the locals
that would encourage them to
be more sustainable!**



Clean a Part of Town

**Organize a little cleaning action
in your town!**



Local Food

**Prepare a dinner consisting
(purely) using local and
seasonal produce!**



Take Your Waste Away

Commit yourself to take your waste back home with you!



AC and Heater Away

**Keep the equipment changing
the temperature of your
workspace turned off!**



Bye- Bye Bottled Drinks

Give up on soft drinks or any other bottled water during the project!



Partners of the project



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